

TAQIBAAT E NAMAZ E ASR

As quoted from Misbah al-Mutahajjid

Subsequent to the Afternoon (Asr) Prayer, say the following supplicatory prayer, as is quoted from Misbah al-Mutahajjid:

اَسْتَغْفِرُ اللهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ الرَّحْمَنُ
الرَّحِيمُ ذُو [ذَا] الْجَلَالِ وَالْإِكْرَامِ وَ أَسْأَلُهُ أَنْ يَتُوبَ
عَلَيَّ تَوْبَةَ عَبْدٍ ذَلِيلٍ خَاضِعٍ فَقِيرٍ بَائِسٍ مِسْكِينٍ
مُسْتَكِينٍ مُسْتَجِيرٍ لَا يَمْلِكُ لِنَفْسِهِ نَفْعًا وَلَا ضَرًّا وَلَا
مَوْتًا وَلَا حَيَاةً وَلَا نُشُورًا

You may then say the following supplicatory prayer:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ نَفْسٍ لَا تَشْبَعُ وَ مِنْ قَلْبٍ لَا
يَخْشَعُ وَ مِنْ عِلْمٍ لَا يَنْفَعُ، وَ مِنْ صَلَاةٍ لَا تَرْفَعُ وَ مِنْ
دُعَاءٍ لَا يُسْمَعُ اللَّهُمَّ إِنِّي أَسْأَلُكَ الْيُسْرَ بَعْدَ الْعُسْرِ وَ
الْفَرَجَ بَعْدَ الْكُرْبِ وَ الرَّخَاءَ بَعْدَ الشِّدَّةِ اللَّهُمَّ مَا بِنَا
مِنْ نِعْمَةٍ فَمِنْكَ لَا إِلَهَ إِلَّا أَنْتَ اَسْتَغْفِرُكَ وَ أَتُوبُ إِلَيْكَ۔

Imam Ja'far al-Sadiq(a.s.) is reported as saying: Anyone who implores Almighty Allah's forgiveness (i.e.

Astaghfirullah) seventy times after the Asr Prayer will have seven hundred of his sins forgiven.

Imam Muhammad al-Taqi (al-Jawad) (a.s.) is also reported as saying: Anyone who recites Surah al-Qadr (No. 97) ten times after the Asr Prayer will be granted the reward of the deeds of all creatures on that day.

It is also recommended to say Dua al-Ashraat every morning and evening. Yet, the best time for this supplication is the time after the Asr Prayers on Fridays.